

Contemporary Spasticity Management Workshop: A Hands-on Workshop

Organizer: Gerard Francisco (USA)

1. What is spasticity and why does it matter? (lecture; 15 minutes)
2. Assessment, Goal-setting, Treatment Planning (lecture; 15 minutes)
3. Focus on botulinum toxins:
 - a) How have botulinum toxins revolutionized the management of spasticity? (lecture; 10 minutes)
 - b) Optimizing the outcome of botulinum toxin therapy (lecture; 20 min)
 - c) Assessment of two patients with focal upper and lower limb spasticity (workshop; 45 min)
 - d) Break (to allow set-up for the injections; 15 min)
 - e) Botulinum toxin injection using different guidance techniques: surface anatomy, EMG, motor point localization, ultrasonography (workshop; 120 min)