

SYMPOSIUM: EVIDENCE OF SHOCKWAVES IN PHYSICAL MEDICINE AND REHABILITATION

11th International Society of Physical and Rehabilitation Medicine World Congress

Buenos Aires, Argentina, 30 April, 2017.

Coordinator: Silvia Ramón, MD PhD

10:00 to 10:05 h. Introduction. Ramón Aranzabal, MD PhD.

10:05 a 10:20 h. Physical and biological principles. Daniel Moya, MD.

10:20 a 10:35 h. Approved standard indications and consensus. Ramón Aranzabal, MD PhD.

10:35 a 10:50 h. Upper limbs: Evidence and techniques. Dr. Daniel Moya (15 min)

10:50 a 11:05 h. Lower limbs: Evidence and techniques. Ramón Aranzabal, MD PhD.

11:05 a 11:20 h. Myofascial pain syndrome and spasticity. Silvia Ramón, MD PhD.

11:20 a 11:35 h. Contraindications. Complications. Daniel Moya, MD.

11:35 a 11:50 h. Efficiency and future potential of ESWT. Silvia Ramón, MD PhD,

11:50 a 12:10 h. Discussion.

12:10 a 13:00 h. Workshop

Dr. José Ramón Aranzabal: President International Society for Medical Shockwave Treatment. Orthopaedic Surgeon at Hospital Donostia and Hospital Bidasoa. Osakidetza (Public Health Service). (Gipuzkoa). Spain

Dr. Silvia Ramón: Specialist in Physical Medicine and Rehabilitation. Director of Physical Medicine and Rehabilitation Department. Hospital Quirón Barcelona. Communications Coordinator ISMST. Vice President Onlat. Treasurer Spanish Society of Shock Wave Treatment (SETOC).

Dr. Daniel Moya: Orthopaedic surgeon. Specialist in Shoulder and Elbow Surgery. Past-President of the International Society of Shock Wave Treatment 2015 (ISMST). Past-President of the Latin American Shoulder and Elbow Society 2011. Past-President of the Argentinean Society of Shoulder and Elbow Surgery 2004. British Hospital, Buenos Aires, Argentina.